

HOE MATARIKI 2019



Saturday 22nd June, Parua Bay Whangarei

High Tide: approx. 11.00am

Low Tide: approx. 5.04pm

Hosted by Parihaka Waka Ama Inc.

Supported by:

Whangarei Cruising Club, WCC Parua Bay Clubhouse, Whangarei Heads Road

RACE PROGRAMME

7.00am	Registration Open
7:30am	Karakia & gifting of Tarewa taonga
8:00am	BRIEFING Race 1 - 18km W6 Women and Mixed
8:30am	START Race 1 - 18km W6 Women and Mixed
10:30am	BRIEFING Race 2 - 8km W6 Novice and Juniors
11.00am	START Race 2 - 8km W6 Novice and Juniors
12:00pm	BRIEFING Race 3 - 18km W6 Men
12.30pm	START Race 3 - 18km W6 Men

All Enquiries: parihakawakaama@gmail.com

Fees:

Adult racing in senior division: \$40 per paddler

Junior racing in junior division: \$20 per paddler

Junior racing in both junior and senior division: \$40 per paddler

Novice racing in novice division: \$30 per paddler

Steerers steering novice division and racing in senior division: \$40 per paddler

One payment per club please with an email to parihakawakaama@gmail.com of what has been paid. No payment, no race.

Parihaka Waka Ama Club Incorporated

38-9015-0805080-00

Registration fee entitles you to soup after the race, a hangi meal and eligibility for spot prizes.

Entry fees are **non-refundable** but may be transferable to another paddler from that team.

Registrations:

On-line entries via www.wakaama.co.nz - close Monday 15th June 2019

Register early to avoid disappointment.

Due to numbers expected this year no entries will be received after registration closes.

Our priority is your safety. To ensure we comply with the *Waka Ama Event Sanctioning* process of support boat vs. waka ratio, priority of entries will be given in order of registration.

All race participants must register and the steerer must attend race briefing and sign that they have attended.

Spot Prizes

After each race spot prizes will be given out to race participants.

Novice Paddlers:

The Novice Race is open to all paddlers J16 and above. **Novice teams must have an experienced steerer and be able to complete 8km within one hour.** Novice paddlers are those who have either, not competed in a national regatta and/or have been paddling for less than 12 months and/or do not have suitable ocean paddling experienced. Novice and junior paddlers must wear MSA approved PFDs throughout the duration of the race.

Waiver Forms:

All race participants are required to read and sign the race waiver form provided on race day.

Any paddlers 18 years or under must have a parent or guardian read and sign on their behalf.

No liability will be taken for those paddlers who do not comply with the organizers instructions.

Race Course:

See attached for the possible race courses. The course may change due to weather conditions, the race course will be outlined at race briefing.

Race Starts:

All races will start on time. Please be on the water at a minimum of five minutes prior to race start. Race start procedure will be outlined at race briefing.

Race Distance and Divisions:

8-10km	W6	J16's & J19's – Boys / Girls / Mixed
	W6	Novice – Men / Women / Mixed (no age divisions)
18km	W6	Senior Division – Men / Women / Mixed

Paddler capability / skills:

Any paddler competing must:

- Unless a Novice - be capable of competing in Senior races
- Be trained in and capable of self-rescue techniques (e.g. right a capsized waka)
- Be able to swim and be comfortable in conditions relative to their skill level
- Have an adequate degree of skill and fitness to finish the race in conditions that might be expected
- Be dressed for the expected conditions
- Carry / Have access to adequate food and drink for the race

Supporter Kai:

Additional kai for supporters will be available when pre-ordered

Cost: \$10 per meal

We have limited meals available so these will be allocated on a first in first serve basis, based on emails received.

Please email parihakawakaama@gmail.com if you would like to place an order for an additional meal.

Support Boats:

All requests for the approval of individual support boats must be made in writing to Parihaka Waka Ama by the close of on-line registrations being **Monday 15th June 2019**.

Waka Hire:

Please arrange your own waka hire.

***** IMPORTANT SAFETY ANNOUNCEMENTS PLEASE NOTE *****

Novice and junior paddlers must wear MSA approved PFDs throughout the duration of the race.

All canoes must have spray skirts fitted (unless dispensation requested and approved by Race Director).

All canoes must carry two forms of communication (flare, VHF, cellphone). VHF channel and phone numbers will be provided at race briefing.

Should wind conditions exceed or be forecast to exceed 25 knots (46km+) MSA approved PFD's must be worn by all participants.

All participants, coaches and officials must be made aware of the conditions – paddling may only occur after all the risks have been assessed; the zone and local maritime rules have been considered, and the potential risks are deemed to be minimal.

In all races and events, should there be extreme wind warning or gale force marine warnings in place OR should the wind conditions exceed or be forecast to exceed 34 knots (62km+) (according to local official marine weather radio or Met Service website <http://www.metservice.com/national/home>) then racing will only proceed under Race Director approval.